

Weekly Schedule

Name _____ Week of _____

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6 AM							
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
12 PM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							

Fixed commitments first, flexible tasks second, and leave at least two blank slots a day.